



The first question the children asked in assembly on Monday was, 'When can we go on the field?' Our answer, 'As soon as we have some sunshine and the field dries!'. I think the cheers of joy could be heard down in the harbour!

Yesterday, it really felt as though we'd reached the Summer Term. The sun was beaming and the children were out on their favourite place - the field! You would not believe their excitement when they were let loose, sprinting across the grass and laughing with their friends.

In Year 6 yesterday, we had a visit from the Mental Health Support Team. They delivered a fantastic workshop to help

develop the children's understanding of mental health and managing anxiety/stress around end of year tests and transitions to secondary. The children loved the session. It was also great to hear the individuals leading the course talk about the positive impact being outside can have on improved mood and wellbeing - another reason we are delighted to see the sun again and have the children outside!

Across the school, children have made great starts back in the classrooms. Uniform is looking super smart and attendance has been a smashing 98%! I have seen brilliant learning in all the classrooms this week (and even some impressive learning in a dark, stinky outdoor shed!).

Good luck to Mr S, who takes on the London Marathan this weekend. I'll be there cheering, but definitely not running! Maybe next year... (or the year after that)

A special thank you to Mrs Clayton for kindly buying 6 books for Jellyfish Class!

I hope you all have a great weekend,

Mr Ringrose

# Stars and Citizens of the week



Attendance Cup Winners this week were:

Lobster Class with 100% attendance!

Well Done!



## Class Attendance this week

Starfish	94.5%
Dolphins	98.4%
Lobsters	100%
Jellyfish	99%
Seals	98.8%
Sea Turtles	98.5%



## Wonderful Writer—Maya in Seals Class



18.04.24



Can you use prepositional phrases to write a setting description?



Wonderful Writer Challenge



Can you use your senses to engage the reader?

Through the mid night, the silhouette of the moonlight  
gleamed on my face. I stumbled into a grim, gloomy  
graveyard. A nameless fear overwhelmed me. Nothing moved.  
Somebody moved! From out of nowhere, a diminutive, gruesome  
figure started chasing me. The whistling wind brushed off  
my shoulder. The long, thick grass tickled me on my leg.  
Can I survive?...





## Diary Dates

Monday 22nd — Wednesday 24th April	Yr3 & Yr4 Residential to Okehampton
Monday 22nd April	Start of Clubs
Tuesday 23rd April	Yr1 Author visit to Carclaze
Monday 6th May	Bank Holiday
Monday 13th -Thursday 16th May	Yr6 SATS
Wednesday 15th May	Yr5 Junior Life Skills event at St Austell Fire Station
Thursday 16th May	Listening Campaign 2—3pm
Monday 20th May	Yr3 Museum Visit
Thursday 23rd May	Piano concert for parents of those children who have piano lessons
Monday 27th—31st May	Half Term
Monday 3rd June	Start of Term
Tuesday 4th June	Class/Sport Photographs
Wednesday 5th June	Sports Day
Friday 7th June	Sports Day (Reserve Day)
Tuesday 11th—Thursday 13th June	Yr5 & Yr6 Residential to London
Monday 24th — Friday 28th June	Mevagissey Feast Week
Wednesday 26th June	Reception Parent Meeting 9.15—10.15am
Monday 1st July	Community Cohesion Day off in lieu
Tuesday 9th July	Whole School transition morning
Monday 15th July	Last week of clubs
Monday 15th—Friday 19th July	Yr6 swimming
Monday 22nd July	Yr6 Leavers Assembly 2.30pm
Tuesday 23rd July	School Play rehearsal 2pm
Wednesday 24th July	School Play matinee 2pm and evening performance 6pm
Thursday 25th July	School Play evening performance 6pm
Friday 26th July	Last day of Term 1.30pm finish

## **Term Dates**

### **2023—2024 Term Dates**

Autumn Term 1 2023: Tuesday 5th September— Friday 13th October

Autumn Term 2 2023: Monday 30th October —Friday 15th December

Spring Term 1 2024: Monday 8th January—Friday 9th February

Spring Term 2 2024: Monday 19th February—Thursday 28th March

Summer Term 1 2024: Monday 15th April—Friday 24th May

Summer Term 2 2024: Monday 3rd June—Friday 26th July

#### **INSET DAYS**

Friday 1st and Monday 4th September 2023

Monday 16th Tuesday 17th, Wednesday 18th, Thursday 19th and Friday 20th October 2023

## **Term Dates**

### **2024- 2025 Term Dates**

Autumn Term 1 2024: Thursday 5th September— Thursday 17th October

Autumn Term 2 2024: Monday 4th November —Friday 20th December

Spring Term 1 2025: Monday 6th January—Friday 14th February

Spring Term 2 2025: Monday 24th February—Friday 4th April

Summer Term 1 2025: Tuesday 22nd April —Friday 23rd May

Summer Term 2 2025: Monday 2nd June—Friday 25th July

#### **INSET DAYS**

Monday 2nd September 2024

Tuesday 3rd September 2024

Wednesday 4th September 2024

Friday 18th October 2024

Monday 28th, Tuesday 29th, Wednesday 30th, Thursday 31st October and Friday 1st November 2024

Friday 20th June

Monday 23rd June



Year 5 introduced their new novel, *Skellig* by David Almond.

The main character, Michael, finds a strange living thing living in his abandoned garage, surrounded by broken furniture, spiders and cobwebs.

Seals class sat in the shed to read the first 3 chapters of the book, to get the feeling of an old, dark abandoned building.

Hopefully they'll be able to use their senses to write a powerful setting description.



Starting next week - Tuesday 23rd April and hope to run every Tuesday in term-time.  
It's £5/family to play but can subsidise that further for families who need it.



## COME AND PLAY ROUNDERS



**Calling families  
with children  
aged 9-16**



**Every Tuesday 5-6.30pm  
£5/family to cover venue hire,  
qualified coaches and chips  
afterwards.**

**@ Mevagissey Activity Centre  
(Subsidised by Meva Parish  
Council)**

Sign up at [www.wildwonderandwisdom.co.uk](http://www.wildwonderandwisdom.co.uk)

# Parenting Workshops

## April - August 2024



### Parents Plus Adolescent Programme

#### Workshop Description

Delivered over 9 weeks, each weekly session is 2-hours.

This is an evidence-based workshop that covers topics such as:

- Understanding teenagers
- Pressing the pause button
- Getting to know your teenager
- Establishing rules with teenagers
- Connecting with your teenager
- Communicating rules positively
- The power of encouragement
- Using consequences
- Active listening
- Creating a discipline plan
- Empowering teenagers
- Dealing with conflict and aggression
- Problem solving with teenagers
- Establishing routines
- Family problem solving
- Parent self-care

#### Workshop Dates

Countywide - VIRTUAL		
Ages 12-18	Wednesdays	01.05.24-26.06.24 18:00-20:00 Virtual MS Teams
Ages 12-18	Mondays	03.06.24-29.07.24 09:30-11:30 Virtual MS Teams
East		
Ages 12-18	Thursdays	16.05.24-18.07.24 09:30-11:30 Saltash Family Hub
Ages 12-18	Mondays	13.05.24-15.07.24 12:30-14:30 Wadebridge Family Hub
Mid		
Ages 12-18	Fridays	19.04.24-21.06.24 12:30-14:30 The Park Family Hub
Ages 12-18	Mondays	13.05.24-15.07.24 12:30-14:30 Newquay Family Hub
West		
Ages 12-18	Tuesdays	28.05.24-23.07.24 12:30-14:30 Penzance Family Hub
Ages 12-18	Wednesdays	05.06.24-31.07.24 12:30-14:30 Helston Family Hub



[www.cornwall.gov.uk/parenting](http://www.cornwall.gov.uk/parenting)



### Solihull – Understanding your Child

- Early Years (ages 1-3)
- Primary Years (ages 4-8)
- Transition Years (ages 9-11)

#### Workshop Description

Delivered over 10 weeks, each weekly session is 2-hours.

This is an evidence-based workshop that covers topics such as:

- How your child develops
- Understanding how your child is feeling
- Tuning into what your child needs
- Responding to how your child is feeling
- Different styles of parenting
- Having fun together
- The rhythm of interaction
- Why is sleep important?
- Self-regulation and anger
- Communication and tuning in
- Looking back and looking forwards

#### Workshop Dates

Countywide – VIRTUAL		
Ages 1-3	Mondays	22.04.24-08.07.24 18:00-20:00 Virtual MS Teams
Ages 1-3	Wednesdays	05.06.24-07.08.24 09:30-11:30 Virtual MS Teams
Ages 4-8	Tuesdays	23.04.24 – 25.06.24 12:30-14:30 Virtual MS Teams
Ages 4-8	Mondays	03.06.24-05.08.24 18:00-20:00 Virtual MS Teams
Ages 9-11	Thursdays	02.05.24-11.07.24 12:30-14:30 Virtual MS Teams
Ages 9-11	Wednesdays	08.05.24-17.07.24 18:00-20:00 Virtual MS Teams
East		
Ages 1-3	Fridays	03.05.24-12.07.24 12:30-14:30 Saltash Family Hub
Ages 4-8	Mondays	13.05.24-22.07.24 09:30-11:30 Wadebridge Family Hub
Ages 9-11	Tuesdays	30.04.24-09.07.24 12:30-14:30 Launceston Family Hub
Mid		
Ages 1-3	Tuesdays	04.06.24-06.08.24 12:30-14:30 St Austell Family Hub
Ages 4-8	Thursdays	02.05.24-11.07.24 12:30-14:30 Newquay Family Hub
Ages 9-11	Fridays	10.05.24-12.07.24 09:30-11:30 The Park Family Hub
West		
Ages 1-3	Thursdays	02.05.24-11.07.24 09:30-11:30 Gooseberry Bush Nursery
Ages 4-8	Wednesdays	15.05.24-24.07.24 09:30-11:30 Helston Family Hub
Ages 9-11	Mondays	13.05.24-22.07.24 12:30-14:30 Penzance Family Hub



[www.cornwall.gov.uk/parenting](http://www.cornwall.gov.uk/parenting)



## Bitesize Parenting

### Workshop Description

Bitesize parenting workshops are weekly 2-hour sessions (18:00-20:00) delivered by our parenting team to support on a wide range of topics. Please book on by visiting

[www.cornwall.gov.uk/parenting](http://www.cornwall.gov.uk/parenting)

#### Topics include:

**Bitesize Child (for parents/carers of children aged 4-11)**

**Bullying** – How to talk to children about bullying and support them if they are experiencing it.

**Remaining calm** – How to look after yourself as a parent.

**Praise and rewards** – This workshop focuses on using praise and rewards to support behaviour you'd like to see more of.

**Special time with your child** – How quality time with children can help with behaviour.

**Routines and boundaries** – Looking at why routines and boundaries are important and how these can be put in place effectively to support children, parents and family life.

**Technology and safety** – This workshop focuses on boundaries around technology use at home and how to support young people to stay safe online.

**Bitesize Teen (for parents/carers of young people aged 12-19)**

**Teenage brain** – Come along and learn about the changes adolescents experience in their brain development, how it impacts them and how parents can support their young person.

**Technology and safety** – This workshop focuses on boundaries around technology use at home and how to support young people to stay safe online.

**Sibling rivalry and conflict** – Tips to manage conflict between siblings in the home.

**Remaining calm** – How to look after yourself as a parent.

**Mental wellbeing** – Tips about how to communicate with young people about their feelings.

### Workshop Dates:

Date	Bitesize Child (for parents/carers of children aged 4-11)
07.05.24	Bullying
21.05.24	Remaining calm
11.06.24	Praise and rewards
25.06.24	Special time with your child
09.07.24	Routines and boundaries
23.07.24	Technology and safety

Date	Bitesize Teen (for parents/carers of young people aged 12-19)
14.05.24	Teenage brain
04.06.24	Technology and safety
18.06.24	Sibling rivalry and conflict
02.07.24	Remaining calm
16.07.24	Mental wellbeing



[www.cornwall.gov.uk/parenting](http://www.cornwall.gov.uk/parenting)



## Supporting Healthy Relationships

### Me You and Baby Too (MYBT) Workshop Description

Delivered over 3 weeks, each weekly session is 2-hours.

A course for all new or expectant parents/carers:

- What your baby picks up on
- How to support each other
- How arguments start, and how to manage them constructively

### Arguing Better (AB)

#### Workshop Description

Delivered over 3 weeks, each weekly session is 2-hours.

A course for all parents/carers with a child of any age:

- How to support each other
- How arguments start, and how to manage them constructively
- Impact on children

## Getting it Right for Children (GIRFC)

### Workshop Description

Delivered over 3 weeks, each weekly session is 2-hours.

A course for separating or separated parents/carers:

- How to stay calm and listen
- Seeing things differently
- Finding solutions and making compromises

### MYBT Workshop Dates

Countywide – VIRTUAL		
Ages pre-birth – 12months	Thursdays 18:00-20:00	04.07.24-18.07.24 Virtual MS Teams

### AB Workshop Dates

Countywide – VIRTUAL		
Ages 1-19	Thursdays 18:00-20:00	02.05.24-16.05.24 Virtual MS Teams
Ages 1-19	Tuesdays 12:30-14:30	02.07.24-16.07.24 Virtual MS Teams

### GIRFC Workshop Dates

Countywide – VIRTUAL		
Ages 0-19	Fridays 09:30-11:30	19.04.24-03.05.24 Virtual MS Teams
Ages 0-19	Thursdays 18:00-20:00	06.06.24-20.06.24 Virtual MS Teams



[www.cornwall.gov.uk/parenting](http://www.cornwall.gov.uk/parenting)

## How to access

Parents/carers or professionals can access the parenting offer by visiting [www.cornwall.gov.uk/parenting](http://www.cornwall.gov.uk/parenting).

Parents/carers or professionals will be able to self-book onto workshop using the parenting booking portal, which can be found at the above website. If a family requires targeted or specialist support, an Early Help Request for help should be made via the [Early Help Hub](#).

If parents/carers or professionals would like support booking themselves or a parent/carer onto a workshop, they should contact the Early Help Parenting Team using the contact details below. An advice line will be available Monday – Friday, 9am – 5pm to support queries.



### Parenting children aged 0 to 11

SELECT A SERVICE	
Virtual – Understanding your child (ages 1 to 3)	Understanding your child (ages 1 to 3) – St Austell Family Hub
This is a virtual course delivered online. <a href="#">Read more</a>	This is a face-to-face course delivered online. <a href="#">Read more</a>
Understanding your child (ages 1 to 3) – Truro Family Hub	Understanding your child (ages 1 to 3) – The Park Family Hub
This is a face-to-face course delivered online. <a href="#">Read more</a>	This is a face-to-face course delivered online. <a href="#">Read more</a>

### Parenting Young People aged 12 - 18

SELECT A SERVICE

Take 3 – Virtual	Take 3 – Bude/Fowey Family Hub
This is a virtual course delivered online. <a href="#">Read more</a>	This is a face-to-face course delivered online. <a href="#">Read more</a>
Take 3 – Callington Family Hub	Take 3 – Haply Family Hub
This is a face-to-face course delivered online. <a href="#">Read more</a>	This is a face-to-face course delivered online. <a href="#">Read more</a>

Supporting Healthy Relationships Workshops

SELECT A SERVICE

Me, You and Baby Too – Virtual (30 Jan, 6 and 13 Feb)	Me, You and Baby Too – St Austell Family Hub (28, 29 Feb and 6, 13 Mar)
This is a virtual course delivered online. <a href="#">Read more</a>	This is a face-to-face course delivered online. <a href="#">Read more</a>
Me, You and Baby Too – Penzance Family Hub (12, 15, and 28 Feb)	Arguing Better – Virtual (28 Jan, 6 and 13 Feb)
This is a face-to-face course delivered online. <a href="#">Read more</a>	This is a virtual course delivered online. <a href="#">Read more</a>

NEW YOUR DETAILS

First and last name\*

DOB (dd/mm/yyyy)

Postcode

Address\*

Phone number\*

Add your phone number

Phone

Add any special requests

## Contact us

Email: [parenting@cornwall.gov.uk](mailto:parenting@cornwall.gov.uk)

Call: 01872 324323

If you would like this information in another format please contact:

Cornwall Council, County Hall, Treyew Road, Truro TR1 3AY  
Email: [equality@cornwall.gov.uk](mailto:equality@cornwall.gov.uk) Telephone: 0300 1234 100





## KID's only CRAFT + FLEA MARKET

SUPPORTING YOUNG ENTREPRENEURS!

**Sunday**

**9th June 24**

**from:  
10:00 till 14:00**

**AT THE MAC**

**CASH ONLY**



Get your  
Spot for  
£4



Young entrepreneurs will get the opportunity to run their own stall for a few hours. From Set-up to sale, they gain experience Merchandising, selling, making change and even learning how to negotiate.

**Pay and Register at the MAC**

**NOTE:** An allocated guardian (18+ years) has to be present with the child/children ( max.3 children) from start to finish, Children from 7 years to 16 years old can have a stall, each table holder is responsible for clearing their own unsold stuff, you can sell homemade and second hand items like books, toys, games, etc. (as long as they are in good condition and still working) .

Please bring your own stall like a blanket or small table. First 20 registration can have a table provided by the MAC. Set up from 09:15 am. \* £4 registration fee is for the MAC to host the event. Children keep 100% of the proceeds from their sales.

