



What a week! Lots of great moments...

The Year 3s and 4s set off on Monday morning for their residential to Okehampton. They were joined by Port Isaac School and it's been lovely to hear about the friendships made with children from another school. Looking at the photographs and speaking with the children, it's clear lots of fun was had. Miss Ashley-Cooper and Mrs Meacock have written some words that they wanted me to share with you to best encapsulate what a smashing trip it was:

We were so lucky with the weather for our Monday to Wednesday visit to The Goods Shed YHA activities site, set on the edge of Dartmoor. We had the amazing company of children and staff from Port Isaac school and our whole group had a brilliant time. We experienced raft building and canoeing on special YHA lakes on Dartmoor, sang Sea Shanties at the campfire, cycled and walked on part of the beautiful Granite Way, took part in high ropes games and went rock climbing.

Kerensa - "Canoeing was my favourite, because we played a game called fruit salad and we had to do an action; pineapple was stand up and spin around, melon shout out I love big juicy melons and dragon fruit flap your arms, all when we were in the canoes."

Arlo - "My favourite was the climbing. It was tricky to climb on the wall because you had to step on different pieces of rock to get to different spaces. I liked it and reached the top seven times!"

Skyla - "I liked everything - I really loved the high lines and crates building."

Hugo - "I loved the climbing because it was most fun when you got to the top you got to squeeze the chicken and then you got to jump off."

The staff and site were amazing, as was the lovely food. We are extremely proud of the children's positive attitude to trying new things.

Back in Mevagissey, we enjoyed a week full of fun and learning. On Monday, KS2 had a workshop with the RNLI, where the lifeguards shared crucial beach safety information as we near the summer months. The lifeguards caught staff at the end of the session to comment on the children's behaviour, but they were more impressed with the enthusiasm and knowledge shown by the children.

On Tuesday I met with Emma Counsell (NHS Educational Mental Health and Wellbeing Practitioner). I was eager to secure support from this service. Mental health and wellbeing in young people is starting to receive the attention it rightly deserves. I am so pleased that we will be one of the lucky schools receiving support from The Mental Health Support Team. Emma will be in school on a weekly basis, upskilling staff and working with pupils. This will result in our staff team being better equipped to support children with their wellbeing.

This week we celebrated Earth Day and world creativity week in our fun project. We used recyclable material to create our own inventions to promote sustainability or to help the environment. The children's passion and use of knowledge was evident in their innovative creations.

Thursday was a sporty day! We had Go Active in and Jess from Poltair. Jess is a school sports coordinator at Poltair School. She is very popular with the children and delivers fantastic sport sessions that are accessible and enjoyed by all.

Have a great weekend,

Mr Ringrose

Stars and Citizens of the week



Attendance Cup Winners this week were:

Class with 100% attendance!

Well Done!



Class Attendance this week

Starfish	97.2%
Dolphins	89.1%
Lobsters	99.1%
Jellyfish	100%
Seals	94.7%
Sea Turtles	96.3%



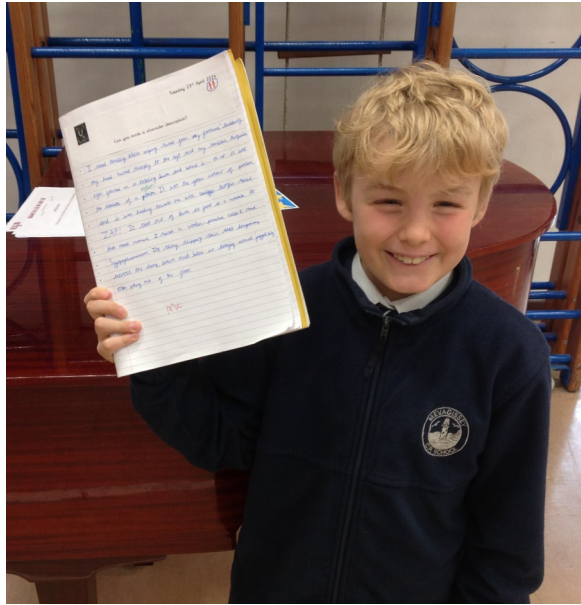


Congratulations to Lola in Year 1 who has earned her next four Children's University Certificates for extra curricular activities.

Kindness Cup goes to Jessica in Year 6 for helping the younger children and always checking that they are ok.



Wonderful Writer — Judah in Jellyfish Class



Tuesday 23rd April 2024



Can you write a character description?

- I stood trembling whilst wiping sweat from my forehead. Suddenly
- my head turned sharply to the left and my sensitive, turquoise
- eyes focused on a rustling bush and behind it... oh no: it was
- the silhouette of a ~~pithon~~ python. It was the green colour of poison
- and it was heading towards me with terrific terrific speed.
- ZAP! It shot out of bush as fast as a motorbike. At
- that exact moment, I spied a wooden-paralled collar. I read:
- Syjpopojohnsonvenom. Its slimy, slippery skin slid dangerously
- across the damp, brown mud below us dodging around jagged, spiky
- rocks poking out of the floor.

Diary Dates	
Monday 6th May	Bank Holiday
Monday 13th -Thursday 16th May	Yr6 SATS
Wednesday 15th May	Yr5 Junior Life Skills event at St Austell Fire Station
Thursday 16th May	Listening Campaign 2—3pm
Monday 20th May	Yr3 Museum Visit
Thursday 23rd May	Piano concert for parents of those children who have piano lessons
Monday 27th—31st May	Half Term
Monday 3rd June	Start of Term
Tuesday 4th June	Class/Sport Photographs
Wednesday 5th June	Sports Day
Friday 7th June	Sports Day (Reserve Day)
Tuesday 11th—Thursday 13th June	Yr5 & Yr6 Residential to London
Monday 24th — Friday 28th June	Mevagissey Feast Week
Wednesday 26th June	Reception Parent Meeting 9.15—10.15am
Monday 1st July	Community Cohesion Day off in lieu
Tuesday 9th July	Whole School transition morning
Monday 15th July	Last week of clubs
Monday 15th—Friday 19th July	Yr6 swimming
Monday 22nd July	Yr6 Leavers Assembly 2.30pm
Tuesday 23rd July	School Play rehearsal 2pm
Wednesday 24th July	School Play matinee 2pm and evening performance 6pm
Thursday 25th July	School Play evening performance 6pm
Friday 26th July	Last day of Term 1.30pm finish

Term Dates

2023—2024 Term Dates

Autumn Term 1 2023: Tuesday 5th September— Friday 13th October

Autumn Term 2 2023: Monday 30th October —Friday 15th December

Spring Term 1 2024: Monday 8th January—Friday 9th February

Spring Term 2 2024: Monday 19th February—Thursday 28th March

Summer Term 1 2024: Monday 15th April—Friday 24th May

Summer Term 2 2024: Monday 3rd June—Friday 26th July

INSET DAYS

Friday 1st and Monday 4th September 2023

Monday 16th Tuesday 17th, Wednesday 18th, Thursday 19th and Friday 20th October 2023

Term Dates

2024- 2025 Term Dates

Autumn Term 1 2024: Thursday 5th September— Thursday 17th October

Autumn Term 2 2024: Monday 4th November —Friday 20th December

Spring Term 1 2025: Monday 6th January—Friday 14th February

Spring Term 2 2025: Monday 24th February—Friday 4th April

Summer Term 1 2025: Tuesday 22nd April —Friday 23rd May

Summer Term 2 2025: Monday 2nd June—Friday 25th July

INSET DAYS

Monday 2nd September 2024

Tuesday 3rd September 2024

Wednesday 4th September 2024

Friday 18th October 2024

Monday 28th, Tuesday 29th, Wednesday 30th, Thursday 31st October and Friday 1st November 2024

Friday 20th June

Monday 23rd June



The RNLI came in this week for their yearly safety talk of how to keep safe in the water. Year 5 and Year 6 learnt valuable skills when having fun on the beach and in the sea.

The pyjama clad Year 1 class had an exciting afternoon at Carclaze School this week, listening to the author Clare Helen Welsh read her latest book as part of the St. Austell Festival of Children's Literature.



Two teams from Year 5 and Year 6 took part in the Beat the Author quiz at St. Austell library as part of the St. Austell Festival of Children's Literature. They had great fun answering questions as part of a team.





On Monday it was Earth Day and Innovation Day. The children used junk to create innovative models to help us in the future. Some children shared their ideas in assembly and explained how their models worked.



Yr3/4 Residential to
YHA Okehampton.



We were lucky enough to have Poltair come into school on Thursday to give the children a tennis lesson and practice their bat and ball skills.



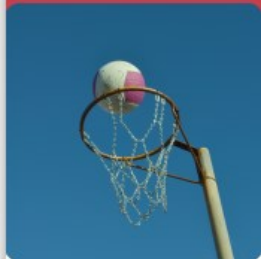
To celebrate Earth Day the gardening club planted a beautiful apple tree which was kindly donated by Mrs. Rees.

You will be able to see it on your way into school each day.





Poltair SSP Girls Netball Club



**Year 5/6 Girls
Poltair School
4:30pm - 5:30pm**



**Wednesday
8th May**



**Wednesday
15th May**



**Wednesday
22nd May**

Half Term



**Wednesday
5th June**



**Wednesday
12th June**

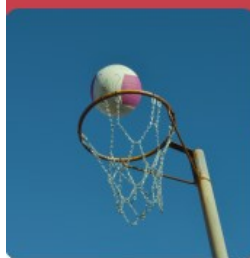


**Wednesday
19th June**

 [Click here to sign up](#)



Poltair SSP Girls Netball Club



**Year 5/6 Girls
Poltair School
4:30pm - 5:30pm**



**Wednesday
8th May**



**Wednesday
15th May**



**Wednesday
22nd May**

Half Term



**Wednesday
5th June**



**Wednesday
12th June**



**Wednesday
19th June**



**SCAN
ME**



Starting next week - Tuesday 23rd April and hope to run every Tuesday in term-time.
It's £5/family to play but can subsidise that further for families who need it.



COME AND PLAY ROUNDERS



**Calling families
with children
aged 9-16**



**Every Tuesday 5-6.30pm
£5/family to cover venue hire,
qualified coaches and chips
afterwards.**

**@ Mevagissey Activity Centre
(Subsidised by Meva Parish
Council)**

Sign up at www.wildwonderandwisdom.co.uk

Parenting Workshops

April - August 2024



Parents Plus Adolescent Programme

Workshop Description

Delivered over 9 weeks, each weekly session is 2-hours.

This is an evidence-based workshop that covers topics such as:

- Understanding teenagers
- Pressing the pause button
- Getting to know your teenager
- Establishing rules with teenagers
- Connecting with your teenager
- Communicating rules positively
- The power of encouragement
- Using consequences
- Active listening
- Creating a discipline plan
- Empowering teenagers
- Dealing with conflict and aggression
- Problem solving with teenagers
- Establishing routines
- Family problem solving
- Parent self-care

Workshop Dates

Countywide - VIRTUAL		
Ages 12-18	Wednesdays	01.05.24-26.06.24 18:00-20:00 Virtual MS Teams
Ages 12-18	Mondays	03.06.24-29.07.24 09:30-11:30 Virtual MS Teams
East		
Ages 12-18	Thursdays	16.05.24-18.07.24 09:30-11:30 Saltash Family Hub
Ages 12-18	Mondays	13.05.24-15.07.24 12:30-14:30 Wadebridge Family Hub
Mid		
Ages 12-18	Fridays	19.04.24-21.06.24 12:30-14:30 The Park Family Hub
Ages 12-18	Mondays	13.05.24-15.07.24 12:30-14:30 Newquay Family Hub
West		
Ages 12-18	Tuesdays	28.05.24-23.07.24 12:30-14:30 Penzance Family Hub
Ages 12-18	Wednesdays	05.06.24-31.07.24 12:30-14:30 Helston Family Hub



www.cornwall.gov.uk/parenting



Solihull – Understanding your Child

- Early Years (ages 1-3)
- Primary Years (ages 4-8)
- Transition Years (ages 9-11)

Workshop Description

Delivered over 10 weeks, each weekly session is 2-hours.

This is an evidence-based workshop that covers topics such as:

- How your child develops
- Understanding how your child is feeling
- Tuning into what your child needs
- Responding to how your child is feeling
- Different styles of parenting
- Having fun together
- The rhythm of interaction
- Why is sleep important?
- Self-regulation and anger
- Communication and tuning in
- Looking back and looking forwards

Workshop Dates

Countywide – VIRTUAL		
Ages 1-3	Mondays	22.04.24-08.07.24 18:00-20:00 Virtual MS Teams
Ages 1-3	Wednesdays	05.06.24-07.08.24 09:30-11:30 Virtual MS Teams
Ages 4-8	Tuesdays	23.04.24 – 25.06.24 12:30-14:30 Virtual MS Teams
Ages 4-8	Mondays	03.06.24-05.08.24 18:00-20:00 Virtual MS Teams
Ages 9-11	Thursdays	02.05.24-11.07.24 12:30-14:30 Virtual MS Teams
Ages 9-11	Wednesdays	08.05.24-17.07.24 18:00-20:00 Virtual MS Teams
East		
Ages 1-3	Fridays	03.05.24-12.07.24 12:30-14:30 Saltash Family Hub
Ages 4-8	Mondays	13.05.24-22.07.24 09:30-11:30 Wadebridge Family Hub
Ages 9-11	Tuesdays	30.04.24-09.07.24 12:30-14:30 Launceston Family Hub
Mid		
Ages 1-3	Tuesdays	04.06.24-06.08.24 12:30-14:30 St Austell Family Hub
Ages 4-8	Thursdays	02.05.24-11.07.24 12:30-14:30 Newquay Family Hub
Ages 9-11	Fridays	10.05.24-12.07.24 09:30-11:30 The Park Family Hub
West		
Ages 1-3	Thursdays	02.05.24-11.07.24 09:30-11:30 Gooseberry Bush Nursery
Ages 4-8	Wednesdays	15.05.24-24.07.24 09:30-11:30 Helston Family Hub
Ages 9-11	Mondays	13.05.24-22.07.24 12:30-14:30 Penzance Family Hub



www.cornwall.gov.uk/parenting

Bitesize Parenting

Workshop Description

Bitesize parenting workshops are weekly 2-hour sessions (18:00-20:00) delivered by our parenting team to support on a wide range of topics. Please book on by visiting

www.cornwall.gov.uk/parenting

Topics include:

Bitesize Child (for parents/carers of children aged 4-11)

Bullying – How to talk to children about bullying and support them if they are experiencing it.

Remaining calm – How to look after yourself as a parent.

Praise and rewards – This workshop focuses on using praise and rewards to support behaviour you'd like to see more of.

Special time with your child – How quality time with children can help with behaviour.

Routines and boundaries – Looking at why routines and boundaries are important and how these can be put in place effectively to support children, parents and family life.

Technology and safety – This workshop focuses on boundaries around technology use at home and how to support young people to stay safe online.

Bitesize Teen (for parents/carers of young people aged 12-19)

Teenage brain – Come along and learn about the changes adolescents experience in their brain development, how it impacts them and how parents can support their young person.

Technology and safety – This workshop focuses on boundaries around technology use at home and how to support young people to stay safe online.

Sibling rivalry and conflict – Tips to manage conflict between siblings in the home.

Remaining calm – How to look after yourself as a parent.

Mental wellbeing – Tips about how to communicate with young people about their feelings.

Workshop Dates:

Date	Bitesize Child (for parents/carers of children aged 4-11)
07.05.24	Bullying
21.05.24	Remaining calm
11.06.24	Praise and rewards
25.06.24	Special time with your child
09.07.24	Routines and boundaries
23.07.24	Technology and safety

Date	Bitesize Teen (for parents/carers of young people aged 12-19)
14.05.24	Teenage brain
04.06.24	Technology and safety
18.06.24	Sibling rivalry and conflict
02.07.24	Remaining calm
16.07.24	Mental wellbeing



www.cornwall.gov.uk/parenting



Supporting Healthy Relationships

Me You and Baby Too (MYBT) Workshop Description

Delivered over 3 weeks, each weekly session is 2-hours.

A course for all new or expectant parents/carers:

- What your baby picks up on
- How to support each other
- How arguments start, and how to manage them constructively

Arguing Better (AB)

Workshop Description

Delivered over 3 weeks, each weekly session is 2-hours.

A course for all parents/carers with a child of any age:

- How to support each other
- How arguments start, and how to manage them constructively
- Impact on children

Getting it Right for Children (GIRFC)

Workshop Description

Delivered over 3 weeks, each weekly session is 2-hours.

A course for separating or separated parents/carers:

- How to stay calm and listen
- Seeing things differently
- Finding solutions and making compromises

MYBT Workshop Dates

Countywide – VIRTUAL		
Ages pre-birth – 12months	Thursdays 18:00-20:00	04.07.24-18.07.24 Virtual MS Teams

AB Workshop Dates

Countywide – VIRTUAL		
Ages 1-19	Thursdays 18:00-20:00	02.05.24-16.05.24 Virtual MS Teams
Ages 1-19	Tuesdays 12:30-14:30	02.07.24-16.07.24 Virtual MS Teams

GIRFC Workshop Dates

Countywide – VIRTUAL		
Ages 0-19	Fridays 09:30-11:30	19.04.24-03.05.24 Virtual MS Teams
Ages 0-19	Thursdays 18:00-20:00	06.06.24-20.06.24 Virtual MS Teams

www.cornwall.gov.uk/parenting

How to access

Parents/carers or professionals can access the parenting offer by visiting www.cornwall.gov.uk/parenting.

Parents/carers or professionals will be able to self-book onto workshop using the parenting booking portal, which can be found at the above website. If a family requires targeted or specialist support, an Early Help Request for help should be made via the [Early Help Hub](#).

If parents/carers or professionals would like support booking themselves or a parent/carer onto a workshop, they should contact the Early Help Parenting Team using the contact details below. An advice line will be available Monday – Friday, 9am – 5pm to support queries.



Parenting children aged 0 to 11

SELECT A SERVICE	
Virtual – Understanding your child (ages 1 to 3)	Understanding your child (ages 1 to 3) – St Austell Family Hub
Understanding your child (ages 1 to 3) – Truro Family Hub	Understanding your child (ages 1 to 3) – The Park Family Hub



Parenting Young People aged 12 - 18

SELECT A SERVICE	
Take 3 – Virtual	Take 3 – Bodmin Family Hub
Take 3 – Callington Family Hub	Take 3 – Haply Family Hub



Supporting Healthy Relationships Workshops

SELECT A SERVICE	
Me, You and Baby Too – Virtual (30 Jan, 6 and 13 Feb)	Me, You and Baby Too – St Austell Family Hub (28, 29 Feb and 6, 13 Mar)
Me, You and Baby Too – Penzance Family Hub (12, 15, and 28 Feb)	Arguing Better – Virtual (28 Jan, 6 and 13 Feb)

NEW YOUR DETAILS

First and last name*
 Your email address*
 Your phone number*
 Your address*
 Your postcode*
 Add your preferred number

Contact us

Email: parenting@cornwall.gov.uk
 Call: 01872 324323

If you would like this information in another format please contact:

Cornwall Council, County Hall, Treyew Road, Truro TR1 3AY
 Email: equality@cornwall.gov.uk Telephone: 0300 1234 100



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